

ADDENDUM B
to FCSC Standing Rules
(last updated June 2017)

FCSC Shag Curriculum and Instructors' Guidelines

A. FCSC's Philosophy Regarding New Instructors:

First Coast Shag Club (FCSC) encourages any FCSC member who has the desire and ability to learn to become a FCSC Shag Instructor to apply to the Board for approval.

For quality control purposes, FCSC has implemented a standardized approach to the learning and certification process.

FCSC has adopted a teaching philosophy of teamwork where instructors fill in for each other when the need arises and the entire teaching team is viewed by the membership and public as a "teaching team". This philosophy will be adhered to throughout the certification process.

The goal of this process is to create new instructors who will become part of FCSC's full-time free dance lesson rotation. FCSC's existing full-time instructors are considered to be "FCSC Certified Instructors" ("CIs").

B. Criteria and Method to become a Certified FCSC Shag Instructor:

1. Each trainee must have a minimum of three years experience as a shag dancer and be able to dance and execute the FCSC Basic and Intermediate Curriculum.
2. Each trainee will be provided a copy of FCSC's Basic Instructional DVD and Intermediate Instructional DVDs to work with. These DVDs should assist the trainee in learning how to break down the steps for teaching purposes. The DVDs will also help the trainee become familiar with teaching terminology.
3. Each trainee must participate in FCSC's free Basic and Intermediate classes as helpers. While participating in the rotation series, the trainees will learn how the classes are run, with regard to rotation of students, adhering to timeframes, welcoming new students, using helpers in the classes, teaching with a partner, helping students without partners, breaking down steps, demonstrating the steps, using the microphone, etc.
4. Trainees are free to work privately throughout the process with any or all FCSC instructors they choose as a mentor. Trainees are free to ask any shag instructor for tips or help along the way. All instructors shall be free to offer tips and suggestions to trainees along the way. All suggestions should be delivered and received in the spirit of constructive suggestions, keeping in mind that each trainee will ultimately develop his or her own teaching style.
5. Once the trainee is ready to become certified with the approval of a CI, he or she will be presented to the Board for approval. Once approved by the Board, they will be put into the schedule. The new instructors are encouraged to seek help from the existing CIs at all times. Teaching is considered a "continuous evolution" and all teams of instructors should remain receptive to new ideas and suggestions. Again, trainees will have the freedom to ultimately develop their own teaching style as long as it stays within the guidelines of FCSC curriculums.

6. Every CI will be expected to participate in the entire rotation of all scheduled classes. All CIs may substitute for each other if schedule conflicts arise. If a CI chooses not to be included in the full-time teaching rotation, then the CI will be considered a “CI Sub” (substitute instructor).

7. All trainees will be expected to develop and maintain a friendly working relationship with all instructors in the FCSC program and conduct themselves in the spirit of teamwork. All trainees are expected to treat other trainees, all instructors, Club officers, Board members and the other members of the Club with respect at all times.

8. All CIs have the option at any time to request leave without prejudice from the full-time teaching rotation without explanation. CIs may then request to be reinstated in the rotation once they feel that they are ready to recommit to the rotation. Should requests for leave become habitual and cause numerous disruptions in the rotation, then the Board will address the situation on a case-by-case basis.

C. Code of Conduct:

1. FCSC CIs are to consider mentoring a team effort and encourage trainees to work with and spend time with all FCSC CIs. FCSC CIs, trainees and substitute instructors will treat each other with respect at all times at FCSC functions.

2. During the certification or teaching processes, CIs may refer to personal preferences or differences in instructors’ styles. However, criticizing or demeaning other instructors is not appropriate.

3. Instructors may refer to other types of dance and point out differences in dance styles, but they should never make derogatory comments about other dance styles.

D. FCSC Workshops and Instructors:

From time to time, FCSC will conduct workshops and may utilize instructors from within the Club or external to the Club. These workshops and instructor scheduling of these workshops will be at the discretion of the Board. Workshops are considered to be a revenue source for the Club.

At the discretion of the Board FCSC may create and sell instructional “workshop” DVDs.

E. FCSC Curriculum and Associated Instructional DVDs:

In 2006, FCSC adopted new Basic and Intermediate Curriculums and created instructional DVDs which are associated with these curriculums. The Basic Curriculum has been designed to reflect the basics taught in the rest of the shag world. The Intermediate Curriculum has been designed to teach some simple turns, patterns, components and variations that are universal in the shag world. The philosophy behind the Intermediate Curriculum is to prepare the students to become better social dancers and learn many of the building blocks used for more complicated steps and patterns taught in advanced workshops. The DVDs are a revenue source for the Club. Modifications to these curriculums and their associated DVDs may only be done by approval of the Board. **A copy of the 2006 Basic and Intermediate Curriculum is attached.** Master copies of the DVDs will be kept by the Club’s president or his/her designee.

FCSC Basic and Intermediate Curriculum

(adopted 2006 and revised June 2017)

FCSC Free Shag Lesson Schedule			
Six Weeks Lesson Series	Intermediate Tuesday River City 7 – 7:30 p.m.	Basic Tuesday River City 7:30-8 p.m.	Intermediate & Basic Sunday Sliders Inter., 4 – 4:30 p.m. Basic, 4:30 – 5 p.m.

Basic Lessons: *(sequence may vary slightly from time to time)*

#1 – Intro, Basic

#3 – Review, Male Turn

#5 - Review, Belly Roll/Traveling Belly Roll

#2 – Review, Female Turn, Change Hand Turn

#4 – Review, Side Pass, The Start

#6 – Review, Belly Roll

Intermediate Lessons: *(sequence may vary slightly from time to time)*

<p>#1 Turns</p> <p>Double Female Double Male Breakaway from Closed – Both Male and Female Side pass turns <i>Instructors' Choice</i></p>	<p>#2 Pivot</p> <p>Pivot variations Revolving Door Pivot with Female and Male Turnouts <i>Instructors' Choice</i></p>	<p>#3 Basic Variations</p> <p>Set Up w/Coaster Step w/Kickball Change w/Stutter <i>Instructors' Choice</i></p>
<p>#4 Applejacks/Sugarfoot</p> <p>Behind Sailor Forward Sailor Shuffle Funky Applejack Triple Applejack Sugarfoot and variations <i>Instructors' Choice</i></p>	<p>#5 Walkup</p> <p>Walkup variations Walkup Slide Sidewalk Back Prep Pam <i>Instructors' Choice</i></p>	<p>#6 Boogie Walk</p> <p>Side Boogie Lean Walkup into Boogie & Pivot Funky Applejack ending w/Boogie Walk <i>Instructors' Choice</i></p>